

# CAREGIVER EVENTS CALENDAR

September					2017	
S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Are YOU caring for a parent, spouse or sick relative?

You ARE a caregiver...and a wife, husband, parent, child, friend, employee.....

**PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.**

**Note:** The Alzheimer's Association sponsors a number of support groups for caregivers of individuals with Alzheimer's Disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: <http://www.alz.org/gmc> or by calling the Association's 24/7 Helpline at 1-800-272-3900.

[www.caregiverresource.net](http://www.caregiverresource.net) 888-456-5664 616-456-5664

**September 5 (12:00-1:00 PM) Dial-In Support Group.** For more information, e-mail: [alzdialog@seniorhelpers.com](mailto:alzdialog@seniorhelpers.com). *First Tuesday* of each month.

**Phone:** (248) 865-1000

**September 6 (6:30 - 8:00 PM) Dementia Caregiver Support Group.**

Held at the Mercy Health Saint Mary's Health Care, Hauenstein Center in the Lack's Grand Room, 250 Cherry Street, Lower Level, on the *first Wednesday* of every month. Open to caregivers supporting those affected with Alzheimer's, Lewy Body, FTD, Vascular, Parkinson's dementias and others. Co-sponsored by the Alzheimer's Association.

**Contact:** Karen Bugg Foley - (616) 685-5445  
Or Sharon Koets - (616) 822-5481

**September 7 and 21 (12:30 - 2:30 PM) Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, MI. on the *first and third Thursdays of the month*.

**Contact:** Marjean or Clayton Brilliant  
**Phone:** (616) 363-4101

**September 8 (1:00-2:00 PM) Caregiver Support Group:** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Friday* of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.

**Contact:** Julie Alicki  
**Phone:** (616) 222-7064

**September 11 and 25 (5:30-6:30 PM)**

### **"Family Connection" Support Group.**

This support group helps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the *second and fourth Mondays* of the month at the clinic located at 4211 Parkway Place, Suite 100, Grandville.

**Contact:** Southwest Clinic

**Phone:** (616) 222-3700

### **September 11 (6:30-7:30 PM) Caregiver Support Group: Lewy Body Dementias.**

For caregivers of individuals who have a Lewy body dementia or Parkinson's disease dementia. Meets on the *second Monday* of each month at Spectrum Health Neurology, 3<sup>rd</sup> floor, 2750 E. Beltline Ave NE, Grand Rapids.

**Contact:** Martha VanDyken

**Phone:** (616) 447-4832

### **September 12 and 26 (12:30 PM) Caregiver Support Group.**

Evergreen Commons in Holland offers a caregiver support group on the *second and fourth Tuesdays* of every month. Respite may be available, if prearranged.

**Contact:** Gloria VanHaitsma

**Phone:** (616) 355-5153

### **September 12 (6:00 PM) Waldon Woods Helping Hands Support Group.**

This group meets on the *second Tuesday* of the month at 2600 Waldon Woods Drive SW, Birchwood Building, Wyoming.

**Contact:** Suzie Mohney

**Phone:** (616) 988-3094

### **September 12 (7:00-8:00 PM)**

**Caregiver Support Group:** For caregivers of individuals who have Alzheimer's disease or

related dementia. Meets at the *second Tuesday* of each month at Trinity United Methodist Church, 1100 Lake Drive SE, Grand Rapids.

**Contact:** Jill Granger

**Phone:** (616) 308-7575

### **September 12 (7:00-8:30 PM) Support Group: Younger-Onset Dementias.**

For caregivers and individuals who have a dementia that was diagnosed before age 65. Meets on the *second Tuesday* of each month at Faith Lutheran Church, 2740 Fuller Avenue NE, Grand Rapids, 49505.

**Contact:** Sharon Koets

**Phone:** (616) 822-5481

### **September 14 (10:00-11:00 AM) New Beginnings Caregiver Support Group.**

For care partners whose person with dementia has passed away. Meets on the *second Thursday* of each month at the Kentwood (Richard L. Root) branch of Kent District Library, 4940 Breton Rd SE, Kentwood.

**Contact:** Kendra Schumaker

**Phone:** (616) 530-6700

### **September 14 (10:00-11:00 AM)**

**Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Thursday* of each month at St. Paul's United Methodist Church, 3334 Breton Rd SE, Grand Rapids.

**Contact:** Theresa Wilson

**Phone:** (616) 301-2000

### **September 14 (1:00-2:00 PM) Caregiver Support Group.**

Care Services of Evergreen Commons offers a caregiver support group on the *second Thursday* of each month in the Hudsonville/Jenison area. This group, which meets at Fair haven Church located at 2900 Baldwin Street, Hudsonville, MI, is primarily for caregivers who care for someone with dementia.

**Contact:** Gloria VanHaitsma

**Phone:** (616) 355-5153

### **September 19 (2:00 PM) Crystal Springs Alzheimer's and Dementia Support Group.**

For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *third Tuesday* of each month. at 1175 68<sup>th</sup> Street SE, Grand Rapids.  
Contact: Kim Tucker  
Phone: (616) 281-8054

**September 19 (7:00-8:00 PM) Adult Children of a Person with Dementia Support Group.** For individuals providing care for their parents or grandparents who have Alzheimer's or related dementias. Meets at Cornerstone Church, on the *third Tuesday* of each month at 1675 84<sup>th</sup> Street SE, Caledonia, MI 49316.

Contact: Sue Marsh  
Phone: (616) 243-5682

**September 20 (10:00-11:00 AM) Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *third Wednesday* of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.

Contact: Sabrina Slaw  
Phone: (678) 575-4398

**September 21 (1:00 – 2:00 PM) Early-Stage Support Group.** This support group is for people in the early stage of Alzheimer's or related dementias. Their care partners, family members and/or friends are welcome to attend. Assessment is required for support group participation. Meets on the *third Thursday* of each month at Mercy Health SW, Grand Conference Room, 2373 64<sup>th</sup> Street, Grand Rapids.

Contact: Denise  
Phone: (616) 459-7423

**September 25 (2:00-3:00 PM) Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Monday* of each month at the Family Life Center, Side by Side

Adult Day Program, Conference Room, 1256 Walker NW, Grand Rapids. Respite may be available, if prearranged.

Contact: Anna Papke  
Phone: (616) 235-2910, ext. 3

**September 26 (9:30-11 AM) Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Mercy Health SW, Grand Conference Room, 2373 64<sup>th</sup> Street, Grand Rapids.

Contact: Kendra Schumaker  
Phone: (616) 530-6700

**September 26 (3:00-4:00 PM) Caregiver Support Group.** Care Services of Evergreen Commons offers a caregiver support group primarily for caregivers who care for someone with dementia. This group meets on the *fourth Tuesday* of each month at Fellowship Reformed Church, 2165 W Lakewood Blvd, Holland, MI.

Contact: Gloria VanHaitsma  
Phone: (616) 355-5153

**September 26 (6:00-7:00 PM) Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at the Algoma Township Office, 10531 Algoma Ave NE, Rockford.

Contact: Anna Papke  
Phone: (616) 745-3101

**September 27 (6:00-7:00 PM) Evening Dial-In Support Group.** For more information, e-mail: [alzodialin@seniorhelpers.com](mailto:alzodialin@seniorhelpers.com). *Fourth Wednesday* of each month. Registration is required prior to calling in.

Phone: (800) 272-3900

**September 28 (1:00-3:00 PM) Caregiver Resource Network-Family Caregiver**

**University: Dementia: What One Needs to Know to Better Care for Loved One.**

Caring for a person with dementia is not easy and the demands of the job are constantly changing.

Dementia experts will help us understand the reasons for some difficult dementia behaviors and teach us communication techniques to help address them. Participants will also be given ideas on how to create meaningful experiences with a person who has dementia and how to enrich the lives of everyone involved throughout each stage of the disease. This class will be held on

*Thursday, September 28* at the Area Agency on Aging of Western Michigan located at 3215 Eaglecrest Dr. NE, Grand Rapids MI 49525.

There is a \$5 suggested fee for this class (payable at the door). Registration is required. E-mail [registration@aaawm.org](mailto:registration@aaawm.org) or call 616-222-7032 to register.