



**Thursday, April 26, 2018: Community Resources A to Z (Part 1)**

Join us to learn about options for aging in place, home-based care through programs like Kent County Senior Millage, MI Choice, Medicare, PACE, as well as private duty home care, adult day care, respite services and much more.

**Tuesday, May 22, 2018: Community Resources A to Z (Part 2)**

Learn about resources related to transitioning into long term care or a nursing facility. Topics include: hospital observation vs. admission, assisted living, and nursing homes (and payment options for both), how to choose a long term care facility, caregiver burden/guilt, patient choices/rights, right to nursing home discharge, advocacy and communication strategies.

**Wednesday, June 6, 2018: Dementia: What One Needs to Know to Better Care for Their Loved One**

Caring for a person with dementia is not easy and the demands of the job are constantly changing. Dementia experts will help us understand the reasons for some difficult dementia behaviors and teach us communication techniques to help address them. Participants will also be given ideas on how to create meaningful experiences with a person who has dementia and how to enrich the lives of everyone involved throughout each stage of the disease.



Caregiving can be both rewarding and challenging.

Many times individuals are thrown into this role with no training and, often, no support.

Family Caregiver University provides practical education and support to caregivers in West Michigan, one class at a time.

Sign up for one or more classes listed below!

All classes are taught by community experts and are open to individuals providing care to their family members.

**CLASS DETAILS:**  
\$5 suggested fee per class (payable at the door)  
**ALL CLASSES HELD:**  
1 :00 p.m. to 3:00 p.m.  
at  
Area Agency on Aging of Western Michigan  
3215 Eaglecrest Drive NE  
Grand Rapids, MI 49525  
**QUESTIONS AND MORE INFORMATION ABOUT SPECIFIC CLASSES:**  
616-222-7032  
www.caregiverresource.net  
**REGISTRATION REQUIRED:**  
Call 616-222-7032  
Email: Registration@aaawm.org  
(registration not complete until confirmation message received)

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