

Family Caregiver University

helping caregivers one class at a time

2020 Class Schedule

Information:

\$5 suggested fee per class (payable at the door)

ALL CLASSES HELD: 1:00 p.m. to 3:00 p.m. at
Area Agency on Aging of Western Michigan
3215 Eaglecrest Drive NE, Grand Rapids, MI 49525

QUESTIONS OR WANT MORE INFO?

616-222-7032 or visit www.familycaregiveruniversity.org

REGISTRATION REQUIRED:

Call 616-222-7032 or email registration@aaawm.org

ABOUT FCU

Caregiving can be both rewarding and challenging. Many times individuals are thrown into this role with no training and often, no support.

Family Caregiver University provides practical education and support to caregivers in West Michigan, one class at a time.

Spring Semester 2020

APRIL 29- CANCELLED

Elder Law 101: Planning for Your Future

Do you have an advance directive, durable medical power of attorney, or a will and other documents prepared? Have you been putting off the conversation because you don't know where to start? Come listen to an elder law attorney and caregiver expert explain what each document is, why you need them, and how to get them ready for you or your loved one.

MAY 12- CANCELLED

What You Need to Know About the New Auto Insurance Law

Did you know that Michigan is changing the law about No – Fault? Do you know what this means for you as an older adult or caregiver? Would you like to know more about the ins and out of this law? Please come to this session to learn from two local insurance agents and a lawyer who have been closely monitoring this new law.

JUNE 25

The Green Burial Trend

For centuries we have buried our dead. Today, just over half of all Americans choose cremation. However, with increased concern about "carbon footprints" and conservation of natural resources, more people are interested in learning about green burial. This is your chance to ask our certified green burial experts the questions you have always been curious about!

SPONSORS



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2020 Calendar

WINTER SEMESTER



Wednesday, January 29, 2020:

Stroke: Warning Signs and Prevention Tips

Thursday, February 25, 2020:

What Do Art/Activities Have to Do with Aging?

Thursday, March 26, 2020:

Dementia Caregiver Support*

SPRING SEMESTER



Wednesday, April 29, 2020:

Elder Law 101: Planning for Your Future*

Tuesday, May 12, 2020:

Michigan's New Auto Insurance Law*

Thursday, June 25, 2020:

The Green Burial Trend

SUMMER SEMESTER



Thursday, July 23, 2020:

Caring for a Challenging Loved One

Tuesday, August 11, 2020:

Navigating Guardianship & Conservatorship

Thursday, September 24, 2020:

Organizing for Emotional Health

FALL SEMESTER



Thursday, October 29, 2020:

Community Resources A to Z: Part 1

Wednesday, November 4, 2020:

Community Resources A to Z: Part 2

Thursday, December 1-, 2020:

Looking Up When Life is Pushing You Down

*Cancelled