

CAREGIVER EVENTS CALENDAR

Are YOU caring for a parent, spouse or sick relative?

You ARE a caregiver...and a wife, husband, parent, child, friend, employee.....

September					2018	
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PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.

Note: The Alzheimer's Association provides a number of support groups for caregivers of individuals with Alzheimer's Disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: <http://www.alz.org/gmc> or by calling the Association's 24/7 Helpline at 1-800-272-3900.

Alzheimer's Association Early-Stage Support Group. This support group is for people in the early stage of Alzheimer's or related dementias. Their care partners, family members and/or friends are welcome to attend. Assessment is required for support group participation. Dates and times to be determined once participant has been assessed.

Contact: Denise Gibson
Phone: (616) 459-7423

September 4 (12:00-1:00 PM) Alzheimer's Association Dial-In Support Group. For more information, e-mail: alzodialin@seniorhelpers.com.
First Tuesday of each month.
Phone: (248) 865-1000

September 5 (6:30 - 8:00 PM) Alzheimer's Association Caregiver Support Group. Held at the Mercy Health Hauenstein Neuroscience Center in the Lack's Grand Room, 250 Cherry Street, Lower Level, on the *first Wednesday* of each month. Open to caregivers supporting those affected with Alzheimer's, Lewy Body, FTD, Vascular, Parkinson's dementias and others.
Contact: Karen Bugg Foley - (616) 685-5445
Or Sharon Koets - (616) 822-5481

September 5 (6:00 PM) Joe Niekro Foundation - West Michigan Support Group. This support group offers outreach and support for brain aneurysm, AVM and stroke survivors and their caregivers. Meets on the *first Wednesday* of the month at Metro Health Conference Center, 2225 Main Street, Wyoming, MI.
Phone: (616) 252-7200

*** September 6 and 20 (12:30 - 2:30 PM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, on the *first and third Thursdays* of the month.
Contact: Harlene Gedris
Phone: (616) 949-4709

**September 10 and 24 (5:30-6:45 PM)
"Family Connection" Support Group.**

This support group helps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the *second and fourth Mondays* of the month at the clinic located at 4211 Parkway Place, Suite 100, Grandville. Donations welcome.
Contact: Southwest Clinic
Phone: (616) 222-3700

**September 10 (6:00 - 7:00 PM)
Alzheimer's Association Caregiver Support Group.**

For caregivers of individuals who have Alzheimer's or related dementias. Meets at Brookside Christian Reformed Church, 3600 Kalamazoo Ave SE, Grand Rapids, on the *second Monday* of the month.
Contact: Carrie Pattee
Phone: (616) 235-5022

**September 11 (10:00 – 11:00 AM)
Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at Church of the Servant, 3835 Burton St SE, Grand Rapids on the *second Tuesday* of each month.

Contact: Joshua Baron
Phone: (616) 886-7865

**September 11 and 25 (12:30 PM)
Caregiver Support Group.** Evergreen Commons in Holland offers a caregiver support group on the *second and fourth Tuesdays* of the month, 55 W. 16th St, Holland. Respite may be available, if prearranged.
Contact: Day Center at Evergreen
Phone: (616) 355-5130

*** September 11 (3:00-4:00 PM) Caregiver Support Group.** What you need to know about Home and Community Based Care. Meets on the *second Tuesday* of each month at the Knapp's Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.
Contact: Kendra Schumaker
Phone: (616) 530-6700

September 11 (7:00-8:30 PM) Alzheimer's Association Support Group: Younger-Onset Dementias. For caregivers and individuals who have a dementia that was diagnosed before age 65. Meets on the *second Tuesday* of each month at Faith Lutheran Church, 2740 Fuller Avenue NE, Grand Rapids.
Contact: Sharon Koets
Phone: (616) 822-5481

*** September 12 (1:30-2:00 PM) Caregiver Support Group.** Converse with the Nurse. Meets on the *second Wednesday* of each month at the Knapp's Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.
Contact: Kendra Schumaker
Phone: (616) 530-6700

**September 12 (7:00 - 8:00 PM)
Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at Fourth Reformed Church, 1226 Union Ave NE, Grand Rapids, on the *second Wednesday* of the month.
Contact: Tom Boehm
Phone: (616) 334-0687

*** September 13 (10:00-11:00 AM)
Alzheimer's Association New Beginnings Caregiver Support Group.** For care partners whose person with dementia has passed away. Meets on the *second Thursday* of each month at the Kentwood (Richard L. Root) branch of Kent District Library, 4940 Breton Rd SE, Kentwood.
Contact: Kendra Schumaker
Phone: (616) 530-6700

*** September 13 (10:00-11:00 AM)**
Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Thursday* of each month at St. Paul's United Methodist Church, 3334 Breton Rd SE, Grand Rapids.

Contact: Theresa Wilson
Phone: (616) 301-2000

*** September 14 (1:00-2:00 PM)**
Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Friday* of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.

Contact: Julie Alicki
Phone: (616) 222-7064

September 15 (11:00 AM – 12:30 PM)
Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's or related dementias. Meets at St. Luke AME Zion Church, 101 Delaware St. SE, Grand Rapids, on the *third Saturday* of the month.

Contact: Myrna Granderson
Phone: (616) 452-7227

*** September 19 (10:00-11:00 AM)**
Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *third Wednesday* of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.

Contact: Sabrina Slaw
Phone: (678) 575-4398

September 20 (7:00-8:30 PM) *Alzheimer's Association Adult Children of a Person with Dementia Support Group.* For individuals providing care for their parents or grandparents who have Alzheimer's or related dementias. Meets at Immaculate Heart of Mary Church on the *third Thursday* of each month at 1951 Plymouth Ave SE, Grand Rapids.

Contact: Sue Marsh
Phone: (616) 325-7619

September 24 (7:00-9:00 PM) *Caregiver Support Group.* Support group for families and friends of aging adults. Meets on the *fourth Monday* of each month at the Thornapple Evangelical Covenant Church, 6595 Cascade Rd SE, Grand Rapids.

Contact: Ron Rozema
Phone: (616) 485-3578 or
Contact: Julie Griffin
Phone: (616) 617-1692

*** September 25 (9:30-11:00 AM)**
Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Mercy Health SW, Grand Conference Room, 2373 64th Street, Grand Rapids.

Contact: Kendra Schumaker
Phone: (616) 530-6700

September 25 (3:00-4:00 PM) *Caregiver Support Group.* Care Services of Evergreen Commons offers a caregiver support group primarily for caregivers who care for someone with dementia. This group meets on the *fourth Tuesday* of each month at Fellowship Reformed Church, 2165 W Lakewood Blvd, Holland.

Contact: Day Center at Evergreen
Phone: (616) 355-5130

September 25 (6:00-7:00 PM) *Alzheimer's Association Caregiver Support Group.* For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Algoma Township Office, 10531 Algoma Ave, Rockford.

Contact: Anna Papke
Phone: (616) 745-3101

**September 26 (10:00 – 11:00 AM)
Alzheimer's Association Caregiver
Support Group.** La sesión es en español.

Programa Puente, Spectrum Health, 1357
Grandville Ave SE. Por favor toque el timbre para
entrar. *4to. Miércoles* de cada mes.

Persona de contacto: Tania
Phone: (616) 391-6189

**September 26 (6:00-7:00 PM)
Alzheimer's Association Evening Dial-In
Support Group.** For more information, e-mail:

alzdialin@seniorhelpers.com. *Fourth Wednesday*
of each month. Registration is required prior to
calling in.

Phone: (800) 272-3900

**September 27 (1:00-3:00 PM) Caregiver
Resource Network-Family Caregiver
University: Elder Law – Understanding
the Importance of Advanced Planning.**

Do you have an advanced directive, durable
medical power of attorney, will or other
documents prepared? Have you been putting off
the conversation because you don't know where
to start? Come listen to an elder law attorney and
caregiver expert explain what each document is,
why you need them and how to get them ready for
you or your loved one. Held on *Thursday,*
September 27 at the Area Agency on Aging of
Western MI, located at 3215 Eaglecrest Dr. NE,
Grand Rapids. There is a \$5 suggested fee for this
class (payable at the door). Registration is
required. E-mail registration@aaawm.org or call
616-222-7032 to register.

*** SarahCare Adult Day Center will
provide care free of charge during
support groups between 9 am and 5
pm. They are located at Knapp's
Corner: 2211 E. Beltline, Grand
Rapids and Metro Village: 2024
Health Drive, Suite B, Wyoming.
Contact intake at 616-528-4003 to
schedule an initial assessment. Pre-
registration is required for each drop
off.**