CAREGIVER EVENTS CALENDAR

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| **August** | | | | | **2020** | | |
| **S** | **M** | **T** | **W** | **Th** | | **F** | **Sa** |
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| 30 | 31 |  |  |  | |  |  |

**Are YOU caring for a parent, spouse or sick relative?**

**You ARE a caregiver…and a wife, husband, parent, child, friend, employee……..**

**These events are for YOU!**

***PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.***

**Note:** The Alzheimer’s Association provides a number of support groups for caregivers of individuals with Alzheimer’s disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: [bit.ly/WestMISupportGroups](https://urldefense.proofpoint.com/v2/url?u=http-3A__bit.ly_WestMISupportGroups&d=DwMFaQ&c=4J0DyIxNDQjAR-x4NjL0NpGXBwDO_RhvZ8C7KRkAL-I&r=flp1kgU1wLbyZvXuengs-w7UX7y-BvSYzvIjPdLGuWQ&m=qLENWpwCdiIvzdq4wP0e1N5Bh5N-fWbPmb7ali4dcXI&s=z0Emr9eJD42IXn0qjuyVDPVs5R6hGB5rry4gKpu7jCU&e=) or by calling the Association’s 24/7 Helpline at 1-800-272-3900.

**August 4 (10:00-11:00 AM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at Church of the Servant, 3835 Burton St SE, Grand Rapids on the ***first*** ***Tuesday*** of each month.

**Contact:**Joshua Baron

**Phone:** (616) 913-8078

**August 4, 11, 18 and 25 (10:00-11:00 AM) *Virtual Caregiver Support Group.*** AAAAWM is hosting a weekly virtual support group for family Caregivers. Discussion is led by a licensed therapist with expertise of working with older adults and their caregivers.  Time will also be allowed for participants to share their own personal experience and seek advice from other participants and the therapist. Meets ***every*** ***Tuesday*** of each month via Zoom. Register by emailing [registration@aaawm.org](mailto:registration@aaawm.org) or call 616-222-7032. Once registered, Zoom online and phone access will be sent.

**Contact:**Julie Alicki

**Phone:** (616) 826-8970

**August 5 (6:30 - 8:00 PM)**

***Alzheimer’s Association Caregiver Support Group.*** Held at the Mercy Health Lacks Cancer Center in the Lack’s Grand Conference Room, 250 Cherry Street, Lower Level. This class is held on the ***first Wednesday*** of each month.. Open to caregivers supporting those affected with Alzheimer’s, Lewy Body, FTD, Vascular, Parkinson’s dementias and others.

**Contact:** Sharon Koets

**Phone:** (616) 822-5481

**\* August 6 and 20 (12:30-2:30 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, on the ***first and third*** ***Thursdays*** of the month.

**Contact:**Harlene Gedris

**Phone:** (616) 949-4709

**August 10 and 24 (5:30-6:45 PM)**

***“Family Connection” Support Group.*** This support grouphelps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the ***second and fourth Mondays*** ofthe month at the clinic located at 4211 Parkway Place, Suite 100, Grandville. Donations welcome.

**Contact:** Southwest Clinic

**Phone:**(616) 222-3700

**August 10 (6:00-7:00 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at Brookside Christian Reformed Church, 3600 Kalamazoo Ave SE, Grand Rapids, on the ***second*** ***Monday*** of the month.

**Contact:**Carrie Pattee

**Phone:** (616) 235-5022

**August 11 and 25 (12:30 PM)**

***Caregiver Support Group.*** Evergreen Commons in Holland offers a caregiver support group on the ***second and fourth Tuesdays*** of the month, 55 W. 16th St, Holland. Respite may be available, if prearranged.

**Contact:**Day Center at Evergreen

**Phone:** (616) 355-5130

**August 11 (1:00-3:00 PM VIA ZOOM) *Caregiver Resource Network-Family Caregiver - Guardianship and Conservatorship*** Understanding the complexities of guardianship and conservatorship can be overwhelming. The good news is that there is always an option. In this FCU, participants will learn about several options to guardianship and conservatorship including durable powers of attorney, wills and trusts, transfer on death and payment on death accounts, joint accounts, titling assets, naming beneficiaries, the transfer of property with a deed, probate, and more. Held on ***Tuesday, August 11, 2020*** via Zoom. Registration is required. E-mail [registration@aaawm.org](mailto:registration@aaawm.org) or call 616-222-7032 to register. Once registered, you will be provided with the information for phone and online meeting access.

**\* August 11 (3:00-4:00 PM) *Caregiver Support Group.*** What you need to know about Home and Community Based Care. Meets on the ***second Tuesday*** of each month at the Knapp’s Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.

**Contact**: Kendra Schumaker

**Phone**: (616) 530-6700

**August 11 (5:00-6:00 PM) *Alzheimer’s Association Caregiver Support Group: Spanish Language.*** For Spanish-speaking caregivers of individuals who have Alzheimer’s or related dementias. Meets at Exalta Health, 2060 Division Ave S, Grand Rapids, on the ***second*** ***Tuesday*** of the month.

**Contact:** Allison Meyaard-Schaap  
**Phone:** 616-475-8446 extension 105

**11 de marzo (5:00-6:00 PM) *Grupos de apoyo para cuidadores de la Alzheimer’s Association: en español.*** Para cuidadores de personas que diagnosticadas con la enfermedad de Alzheimer o demencias relacionas. Nos reunimos en el salón multiuso de Exalta Health, 2060 Division Ave S, Grand Rapids, ***el segundo martes del mes***.

**Contacto:** Allison Meyaard-Schaap  
 616-475-8446 extensión 105

**August 11 (7:00-8:30 PM) *Alzheimer’s Association Caregiver Support Group: Younger-Onset Dementias.*** For caregivers of individuals who have a dementia that was diagnosed before age 65. Meets on the ***second Tuesday*** of each monthatFaith Lutheran Church,2740 Fuller Avenue NE, Grand Rapids.  
**Contact:** Sharon Koets  
**Phone:** (616) 822-5481

**\* August 12 (1:30-2:00 PM) *Caregiver Support Group.*** Converse with the Nurse. Meets on the ***second Wednesday*** of each month at the Knapp’s Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.

**Contact**: Kendra Schumaker

**Phone**: (616) 530-6700

**\* August 13 (10:00-11:00 AM) *Alzheimer’s Association Caregiver Support Group*.** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***second Thursday*** of each month at St. Paul’s United Methodist Church, 3334 Breton Rd SE, Grand Rapids.

**Contact:** Theresa Wilson

**Phone:** (616) 301-2000

**August 13 (6:00-7:00 PM) *Alzheimer’s Association Dementia Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementia. Meets on the ***second Thursday*** of the month at Pilgrim Rest Baptist Church, 510 Franklin St. SE, Grand Rapids, MI.  
**Contact:** Faye McGhee or Karin Harris  
**Phone:** (616) 581-9835  
  
**\*August 14 (1:00-2:30 PM) *Alzheimer’s Association Caregiver Support Group*:**For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***second Friday*** of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.   
**Contact:** Julie Alicki  
**Phone:** (616) 826-8970

**August 15 (11:00 AM-12:30 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at St. Luke AME Zion Church, 101 Delaware St. SE, Grand Rapids, on the ***third Saturday*** of the month.

**Contact:**Myrna Granderson or Patricia Bryant

**Phone:** (616) 452-7227

**\* August 18 (10:30-11:30 AM) *Alzheimer’s Association* *Male* *Caregiver Solutions* *Discussion Group*.** For male caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***third Tuesday*** of each month at Gemmen’s Hardware, 3488 Kelly St., Hudsonville, MI.  
**Contact:** Brian Nitz  
**Phone:** (616) 822-1174

**\* August 19 (10:00-11:00 AM) *Alzheimer’s Association* *Caregiver Support Group*.** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***third Wednesday*** of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.

**Contact:** Sabrina Slaw

**Phone:** (678) 575-4398

**August 19 (6:00-7:30 PM)**

***Joe Niekro Foundation - West Michigan Support Group*.** This support groupoffers outreach and support for brain aneurysm, AVM and stroke survivors and their caregivers. Meets at Metro Health Conference Center, 2225 Main Street, Wyoming, MI.

**Phone:** (616) 252-7200

**August 20 (7:00-8:30 PM) *Alzheimer’s Association Adult Children of a Person with Dementia Support Group.*** For individuals providing care for their parents or grandparents who have Alzheimer’s or related dementias. Meets at Immaculate Heart of Mary Church on the ***third Thursday*** of each month at 1951 Plymouth Ave SE, Grand Rapids.

**Contact:** Sue Marsh  
**Phone:** (616) 325-7619

**\* August 25 (9:30-11:00 AM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***fourth Tuesday*** of each month at Mercy Health SW, Grand Conference Room, 2373 64th Street, Grand Rapids.  
**Contact:** Kendra Schumaker  
**Phone:** (616) 530-6700

**August 25 (6:00-7:00 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***fourth Tuesday*** of each month at Algoma Township Office, 10531 Algoma Ave, Rockford.  
**Contact:** Anna Papke  
**Phone:** (616) 745-3101

**August 25 (3:00-4:00 PM) *Caregiver Support Group.*** Care Services of Evergreen Commons offers a caregiver support group primarily for caregivers who care for someone with dementia. This group meets on the ***fourth Tuesday*** of each month at Fellowship Reformed Church, 2165 W Lakewood Blvd, Holland.

**Contact:**Day Center at Evergreen

**Phone:** (616) 355-5130

**August 26 (6:00-7:00 PM) *Alzheimer’s Association Evening* *Dial-In Support Group.* *Fourth Wednesday*** of each month. Registration is required prior to calling in.

**Phone:** (800) 272-3900

**\* SarahCare Adult Day Center will provide care free of charge during support groups between 9 am and 5 pm. They are located at Knapp’s Corner: 2211 E. Beltline, Grand Rapids and Metro Village: 2024 Health Drive, Suite B, Wyoming. Contact intake at 616-528-4003 to schedule an initial assessment. Pre-registration is required for each drop off.**