CAREGIVER EVENTS CALENDAR

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| --- | --- |
| **July** | **2019** |
|  **S** |  **M** |  **T**  |  **W** | **Th** |  **F** |  **Sa** |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |  |  |  |

**Are YOU caring for a parent, spouse or sick relative?**

**You ARE a caregiver…and a wife, husband, parent, child, friend, employee……..**

**These events are for YOU!**

***PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.***

**Note:** The Alzheimer’s Association provides a number of support groups for caregivers of individuals with Alzheimer’s Disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: <http://www.alz.org/gmc> or by calling the Association’s 24/7 Helpline at 1-800-272-3900.

**July 2 (10:00-11:00 AM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at Church of the Servant, 3835 Burton St SE, Grand Rapids on the ***first*** ***Tuesday*** of each month.

**Contact:**Joshua Baron

**Phone:** (616) 913-8078

**July 3 (6:30 - 8:00 PM)**

***Alzheimer’s Association Caregiver Support Group.*** Held at the Mercy Health Hauenstein Neuroscience Center in the Lack’s Grand Room, 250 Cherry Street, Lower Level, on the ***first Wednesday*** of each month. Open to caregivers supporting those affected with Alzheimer’s, Lewy Body, FTD, Vascular, Parkinson’s dementias and others.

 **Contact:** Sharon Koets

**Phone:** (616) 822-5481

**July 8 and 22 (5:30-6:45 PM)**

***“Family Connection” Support Group.*** This support grouphelps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the ***second and fourth Mondays*** ofthe month at the clinic located at 4211 Parkway Place, Suite 100, Grandville. Donations welcome.

**Contact:** Southwest Clinic

**Phone:**(616) 222-3700

**July 8 (6:00-7:00 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at Brookside Christian Reformed Church, 3600 Kalamazoo Ave SE, Grand Rapids, on the ***second*** ***Monday*** of the month.

**Contact:**Carrie Pattee

**Phone:** (616) 235-5022

**July 9 and 23 (12:30 PM)**

***Caregiver Support Group.*** Evergreen Commons in Holland offers a caregiver support group on the ***second and fourth Tuesdays*** of the month, 55 W. 16th St, Holland. Respite may be available, if prearranged.

**Contact:**Day Center at Evergreen

**Phone:** (616) 355-5130

**July 9 (7:00-8:30 PM) *Alzheimer’s Association Support Group: Younger-Onset Caregiver Group.*** For caregivers and individuals who have are diagnosed before age 65. Meets on the ***second Tuesday*** of each monthatFaith Lutheran Church,2740 Fuller Avenue NE, Grand Rapids.
**Contact:** Sharon Koets
**Phone:** (616) 822-5481

**July 10 (6:00 PM) *Joe Niekro Foundation - West Michigan Support Group*.** This support groupoffers outreach and support for brain aneurysm, AVM and stroke survivors and their caregivers. Meets on the *first Wednesday* of the month, but **due to holiday**, **will be held on** **July 10** at Metro Health Conference Center, 2225 Main Street, Wyoming, MI.

**Phone:** (616) 252-7200

**July 10 (7:00-8:00 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at Fourth Reformed Church, 1226 Union Ave NE, Grand Rapids, on the ***second Wednesday*** of the month.

**Contact:**Tom Boehm

**Phone:** (616) 334-0687

**\* July 11 (10:00-11:00 AM) *Alzheimer’s Association Caregiver Support Group*.** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***second Thursday*** of each month at St. Paul’s United Methodist Church, 3334 Breton Rd SE, Grand Rapids.

**Contact:** Theresa Wilson

**Phone:** (616) 301-2000

**July 11 (6:00-7:00 PM) *Alzheimer’s Association Caregiver Support Group*.** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***second Thursday*** of each month at Pilgrim Rest Baptist Church, 510 Franklin St SE, Grand Rapids.

**Contact:** Faye McGhee - (606) 581-9835 or

Karin Harris

**\* July 12 (1:00-2:30 PM) *Alzheimer’s Association Caregiver Support Group*:**For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***second Friday*** of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.
**Contact:** Julie Alicki
**Phone:** (616) 222-7064

**July 16 (10:30-11:30 AM) *Alzheimer’s Association* *Male* *Caregiver Solutions* *Discussion Group*.** For male caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***third Tuesday*** of each month at Gemmen’s Hardware, 3488 Kelly St., Hudsonville.

**Contact:** Brian Nitz

**Phone:** (616) 822-1174

**\* July 17 (10:00-11:00 AM) *Alzheimer’s Association* *Caregiver Support Group*.** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***third Wednesday*** of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.

**Contact:** Alzheimer’s Assn West MI Office

**Phone:** (616) 459-4558

**\* July 18 (12:30-2:30 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, on the ***first and third*** ***Thursdays*** of the month, but due to holiday will only meet on **July 18** this month.

**Contact:** Harlene Gedris

**Phone:** (616) 949-4709

**July 18 (7:00-8:30 PM) *Alzheimer’s Association Adult Children of a Person with Dementia Support Group.*** For individuals providing care for their parents or grandparents who have Alzheimer’s or related dementias. Meets at Immaculate Heart of Mary Church on the ***third Thursday*** of each month at 1951 Plymouth Ave SE, Grand Rapids.

**Contact:** Sue Marsh
**Phone:** (616) 325-7619

 **July 20 (11:00 AM-12:30 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s or related dementias. Meets at St. Luke AME Zion Church, 101 Delaware St. SE, Grand Rapids, on the ***third Saturday*** of the month.

**Contact:**Myrna Granderson or Patricia Bryant

**Phone:** (616) 452-7227

**\* July 23 (9:30-11:00 AM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***fourth Tuesday*** of each month at Mercy Health SW, Grand Conference Room, 2373 64th Street, Grand Rapids.
**Contact:** Alzheimer’s Assn West MI Office
**Phone:** (616) 459-4558

**July 23 (6:00-7:00 PM) *Alzheimer’s Association Caregiver Support Group.*** For caregivers of individuals who have Alzheimer’s disease or related dementia. Meets on the ***fourth Tuesday*** of each month at Algoma Township Office, 10531 Algoma Ave, Rockford.
**Contact:** Anna Papke
**Phone:** (616) 745-3101

**July 24 (6:00-7:00 PM) *Alzheimer’s Association Evening* *Dial-In Support Group.*** For more information, e-mail: alzdialin@seniorhelpers.com. ***Fourth Wednesday*** of each month. Registration is required prior to calling in.

**Phone:** (800) 272-3900

**July 25 (1:00-3:00 PM) *Caregiver Resource Network-Family Caregiver University: Grief and Loss: When it Affects the Future Generations.*** Grief and loss for our children and grandchildren are experienced differently than when we experience them as older adults. Come and learn from a local expert on how we can talk to our children and grandchildren about death and loss.

Held on ***Thursday, July 25*** at the Area Agency on Aging of Western MI, located at 3215 Eaglecrest Dr. NE, Grand Rapids. There is a $5 suggested fee for this class (payable at the door). Registration is required. E-mail registration@aaawm.org or call 616-222-7032 to register.

**\* SarahCare Adult Day Center will provide care free of charge during support groups between 9 am and 5 pm. They are located at Knapp’s Corner: 2211 E. Beltline, Grand Rapids and Metro Village: 2024 Health Drive, Suite B, Wyoming. Contact intake at 616-528-4003 to schedule an initial assessment. Pre-registration is required for each drop off.**