



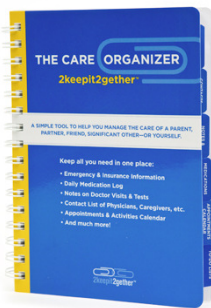
Professional Caregiver Focal Point of Western Michigan
Resources and Caregiver Tools to use in your everyday work with caregivers

March 2012 – This month’s edition provides resources for family caregivers.

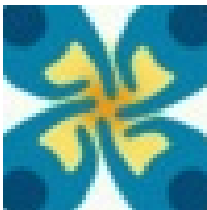


THE WORKING FAMILY CAREGIVER – A FREE E-BOOK

Denise M. Brown of Caregiving.com has published a free e-book full of quick, simple tips to help the working family caregiver to manage the two demanding roles that can complicate her/his life. This useful free resource can be downloaded at: <http://www.caregiving.com/2012/01/the-working-family-caregiver-a-free-e-book/>.



2keepit2gether is offering two free record keeping resources on its website. These include a Daily Medication and Vitamin Log, as well as a Medical Expenses and Insurance Log. These two user-friendly resources are available for download at: <http://www.thecareorganizer.com/othertools.html>



[SeniorLiving.org](http://www.seniorliving.org), is a comprehensive resource for those looking for all kinds of care options: assisted living, independent living, nursing homes, memory care, home care and hospitals. They also have dozens of useful articles for seniors and caregivers. This website has over 5,000 listings for Michigan, and the Grand Rapids page has over 240 senior resource listings at: <http://www.seniorliving.org/michigan/grandrapids/>

Please forward any interesting web address, resource, educational tool, book, event or conference information to Mike Faber (mfaber@grcc.edu) by the 1st of each month.