

CAREGIVER EVENTS CALENDAR

Are YOU caring for a parent, spouse or sick relative?

You ARE a caregiver...and a wife, husband, parent, child, friend, employee.....

May					2018	
S	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.

Note: The Alzheimer's Association provides a number of support groups for caregivers of individuals with Alzheimer's Disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: <http://www.alz.org/gmc> or by calling the Association's 24/7 Helpline at 1-800-272-3900.

Alzheimer's Association Early-Stage Support Group. This support group is for people in the early stage of Alzheimer's or related dementias. Their care partners, family members and/or friends are welcome to attend. Assessment is required for support group participation. Dates and times to be determined once participant has been assessed.

Contact: Denise Gibson
Phone: (616) 459-7423

May 1 (12:00-1:00 PM) Alzheimer's Association Dial-In Support Group. For more information, e-mail: alzdialin@seniorhelpers.com. **First Tuesday** of each month.
Phone: (248) 865-1000

May 2 (6:30 - 8:00 PM) Alzheimer's Association Caregiver Support Group. Held at the Mercy Health Saint Mary's Health Care, Hauenstein Center in the Lack's Grand Room, 250 Cherry Street, Lower Level, on the **first Wednesday** of each month. Open to caregivers supporting those affected with Alzheimer's, Lewy Body, FTD, Vascular, Parkinson's dementias and others.

Contact: Karen Bugg Foley - (616) 685-5445
Or Sharon Koets - (616) 822-5481

*** May 3 and 17 (12:30 - 2:30 PM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, on the **first and third Thursdays** of the month.

Contact: Harlene Gedris
Phone: (616) 949-4709

May 8 (10:00 – 11:00 AM) Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's or related dementias. Meets at Church of the Servant, 3835 Burton St SE, Grand Rapids on the **second Tuesday** of each month.

Contact: Joshua Baron
Phone: (616) 886-7865

May 8 and 22 (12:30 PM)

Caregiver Support Group. Evergreen Commons in Holland offers a caregiver support group on the *second and fourth Tuesdays* of the month, 55 W. 16th St, Holland. Respite may be available, if prearranged.

Contact: Day Center at Evergreen

Phone: (616) 355-5130

May 8 (7:00-8:00 PM) Alzheimer's Association LGBT Caregiver Support Group.

For LGBT caregivers of individuals who have Alzheimer's disease or related dementia.

Meets at the *second Tuesday* of each month at Trinity United Methodist Church, 1100 Lake Drive SE, Grand Rapids.

Contact: Jill Granger

Phone: (616) 308-7575

May 8 (7:00-8:30 PM) Alzheimer's Association Support Group: Younger-Onset Dementias.

For caregivers and individuals who have a dementia that was diagnosed before age 65. Meets on the *second Tuesday* of each month at Faith Lutheran Church, 2740 Fuller Avenue NE, Grand Rapids.

Contact: Sharon Koets

Phone: (616) 822-5481

May 9 (6:00 - 7:00 PM) Alzheimer's Association Caregiver Support Group.

For caregivers of individuals who have Alzheimer's or related dementias. Meets at Brookside Christian Reformed Church, 3600 Kalamazoo Ave SE, Grand Rapids, on the *second Wednesday* of the month.

Contact: Carrie Pattee

Phone: (616) 235-5022

May 9 (7:00 - 8:00 PM) Alzheimer's Association Caregiver Support Group.

For caregivers of individuals who have Alzheimer's or related dementias. Meets at Fourth Reformed Church, 1226 Union Ave NE, Grand Rapids, on the *second Wednesday* of the month.

Contact: Tom Boehm

Phone: (616) 334-0687

*** May 10 (10:00-11:00 AM) Alzheimer's Association New Beginnings Caregiver Support Group.** For care partners whose person with dementia has passed away. Meets on the *second Thursday* of each month at the Kentwood (Richard L. Root) branch of Kent District Library, 4940 Breton Rd SE, Kentwood.

Contact: Kendra Schumaker

Phone: (616) 530-6700

*** May 10 (10:00-11:00 AM) Alzheimer's Association Caregiver Support Group.**

For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Thursday* of each month at St. Paul's United Methodist Church, 3334 Breton Rd SE, Grand Rapids.

Contact: Theresa Wilson

Phone: (616) 301-2000

*** May 11 (1:00-2:00 PM) Alzheimer's Association Caregiver Support Group:**

For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Friday* of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.

Contact: Julie Alicki

Phone: (616) 222-7064

May 14 and 28 (5:30-6:45 PM)

"Family Connection" Support Group. This support group helps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the *second and fourth Mondays* of the month at the clinic located at 4211 Parkway Place, Suite 100, Grandville. Donations welcome.

Contact: Southwest Clinic

Phone: (616) 222-3700

May 14 (6:30-7:30 PM) Alzheimer's Association Caregiver Support Group: Lewy Body Dementias. For caregivers of individuals who have a Lewy body dementia or Parkinson's disease dementia. Meets on the *second Monday* of each month at Spectrum Health Neurology, 3rd floor, 2750 E. Beltline Ave NE, Grand Rapids.
Contact: Martha VanDyken
Phone: (616) 447-4832

May 15 (7:00-8:00 PM) Alzheimer's Association Adult Children of a Person with Dementia Support Group. For individuals providing care for their parents or grandparents who have Alzheimer's or related dementias. Meets at Cornerstone Church on the *third Tuesday* of each month at 1675 84th Street SE, Caledonia.
Contact: Sue Marsh
Phone: (616) 325-7619

*** May 16 (10:00-11:00 AM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *third Wednesday* of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.
Contact: Sabrina Slaw
Phone: (678) 575-4398

May 16 (6:00 – 7:00 PM) Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's or related dementias. **La sesión es en español.** Bethlehem Intergenerational Center, 250 Commerce Ave SW, Grand Rapids. *3er. Miércoles* de cada mes.
Persona de contacto: Rebecca Lopez
Phone: (231) 736-3534

May 17 (6:00 – 7:00 PM) Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's or related dementias. Meets at St. Luke AME Zion Church, 101 Delaware St. SE, Grand Rapids, on the *third Thursday* of the month.
Contact: Myrna Granderson or Dawn Anderson
Phone: (616) 452-7227

May 22 (3:00-4:00 PM) Caregiver Support Group. Care Services of Evergreen Commons offers a caregiver support group primarily for caregivers who care for someone with dementia. This group meets on the *fourth Tuesday* of each month at Fellowship Reformed Church, 2165 W Lakewood Blvd, Holland.
Contact: Day Center at Evergreen
Phone: (616) 355-5130

May 22 (6:00-7:00 PM) Alzheimer's Association Caregiver Support Group. For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Algoma Township Office, 10531 Algoma Ave, Rockford.
Contact: Anna Papke
Phone: (616) 745-3101

May 22 (1:00-3:00 PM) Caregiver Resource Network-Family Caregiver University: Community Resources A-Z (Part 2). Learn about resources and topics related to transitioning to long term care or a facility. Topics include: hospital observation vs. admission, explanation of assisted living settings and skilled nursing facilities, how to choose a long-term care facility, patient choices/rights, and more. Held on *Thursday, May 22* at the Area Agency on Aging of Western MI, located at 3215 Eaglecrest Dr. NE, Grand Rapids. There is a \$5 suggested fee for this class (payable at the door). Registration is required. E-mail registration@aaawm.org or call 616-222-7032 to register.

May 23 (6:00-7:00 PM) Alzheimer's Association Evening Dial-In Support Group. For more information, e-mail: alzdialin@seniorhelpers.com. *Fourth Wednesday* of each month. Registration is required prior to calling in.
Phone: (800) 272-3900

*** May 24 (9:30-11:00 AM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth*

Tuesday of each month at Mercy Health SW,
Grand Conference Room, 2373 64th Street, Grand
Rapids.

Contact: Kendra Schumaker

Phone: (616) 530-6700

May 28 (7:00-9:00 PM) Caregiver

Support Group. Support group for families
and friends of aging adults. Meets on the *fourth*
Monday of each month at the Thornapple
Evangelical Covenant Church, 6595 Cascade Rd
SE, Grand Rapids.

Contact: Ron Rozema

Phone: (616) 485-3578 or

Contact: Julie Griffin

Phone: (616) 617-1692

*** SarahCare Adult Day Center
will provide care free of charge
during support groups between 9
am and 5 pm. They are located at
Knapp's Corner: 2211 E. Beltline,
Grand Rapids and Metro Village:
2024 Health Drive, Suite B,
Wyoming. Contact intake at 616-
528-4003 to schedule an initial
assessment. Pre-registration is
required for each drop off.**