Listed in this directory are a wide variety of services available to seniors in Kent County to help them stay in their home. The services are listed alphabetically with a service description and the organizations funded through the Kent County Senior Millage (KCSM) to provide the service. The services and/or organization that has an ** are services funded through the Area Agency on Aging of Western Michigan (AAAWM), administrator of the KCSM, by a funding service other than the KCSM. For general information on senior services, contact AAAWM at 616-456-5664 or 800-456-5664.

**ADULT DAY SERVICES** Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

- **Hope Network Behavioral Health Services Side By Side:** www.hopenetwork.org  616-235-2910
- **SarahCare Knapp’s Corner:** www.sarahcare.com/metrohealthvillage  616-364-6800
- **SarahCare Metro Village:** www.sarahcare.com/metrohealthvillage  616-530-6700

**AGING IN PLACE, TRAINING AND SUPPORT** Classes are taught by Occupational Therapists and OT Assistants including: Preparing for Surgery, Safety-at-Home, Tools You Can Use, Taking Care of You, and Independent Living skills.

- **Disability Advocates of Kent County:** www.dakc.us  616-949-1100

**BATHING SERVICES** Provision of on-site shower or bathing services to ensure safety and dignity.

- **SarahCare Adult Day Knapp’s Corner:** www.sarahcare.com/metrohealthvillage  616-364-6800
- **SarahCare Adult Day Metro:** www.sarahcare.com/metrohealthvillage  616-530-6700
CARE MANAGEMENT Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

Area Agency on Aging of Western MI  www.aaawm.org  616-456-5664 or 888-456-5664
Reliance Community Care Partners  www.relianceccp.org  616-956-9440 or 800-447-3007

CAREGIVER SUPPORT** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

Alzheimer’s Association (Classes/Support Groups)  www.alz.org/gmc/  616-459-4558
Caregiver Resource Network  www.caregiverresource.net  616-456-5664
Disability Advocates of Kent County  www.dakc.us  616-949-1100
Easter Seals of Michigan Inc.  www.easterseals.com/michigan/  616-942-2081
Family Caregiver University  www.caregiverresource.net  616-456-5664
Right at Home (Parkinson’s Disease Support Group)  www.rightathome.net/grand-rapids  616-301-8080

CHOICES FOR INDEPENDENCE** An in-home social work assessment helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan  www.aaawm.org  616-456-5664 888-456-5664

COMMUNITY FOOD CLUB The Community Food Club of Greater Grand Rapids promotes food security and dignity for low income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club  www.communityfoodclubgr.org  616-288-5550

CONGREGATE MEALS Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

ACSET – Latin American Services  www.communityactionkent.org  616-336-2035
Salvation Army  www.saualtonheights.org/fultonheights/senior-ministry  616-454-1459
Meals on Wheels Western Michigan  www.mealsonwheelswesternmichigan.org  616-459-3111

DENTAL SERVICES General dental services and root canal treatment are provide for uninsured older adults.

Exalta Health  www.exaltahealth.org  616-475-8446
**DENTURE SERVICES** Complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health  www.cherryhealth.org  616-776-2107
Exalta Health  www.exaltahealth.org  616-475-8446

**ELDER ABUSE PREVENTION EDUCATION** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition  www.protectkentseniors.org  616-456-5664

**EMERGENCY NEED FUND** Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors  www.seniorneighbors.org  616-459-6019

**FAIR HOUSING SERVICES** Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

Fair Housing Center of West Michigan  www.fhcwm.org  616-451-2980

**FLU/PNEUMONIA SHOTS (SEASONAL)** Flu, pneumonia and shingles vaccines will be available October-December 2017 for older adults, age 60 to 64 who do not qualify for Medicare or Medicaid funded vaccinations.

Catherine’s Health Center  www.catherineshc.org  616-336-8800

**FOOD PANTRY** A nutritious combination of foods, providing several meals self-selected from a "Pantry Shelf." Nutrition education is also provided.

Meals on Wheels Western Michigan  www.mealsonwheelswesternmichigan.org  616-364-1104

**FORECLOSURE INTERVENTION COUNSELING** Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

Home Repair Services  www.homerepairservices.org  616-241-2601
FRIENDLY VISITOR  Companionship provided for short intervals to homebound or isolated older adults. Trained volunteers provide visits to participants that focus on conversation and communication and may include activities such as playing games, taking a walk, reading to a client, doing crafts, etc. The goal is to help clients living alone stay connected to their community.

*Spectrum Health Visiting Nurse Association [www.spectrumhealth.org/vna] 616-486-3956*

GRANDPARENT SUPPORT GROUP** Support services in kinship care situations where an individual aged 60 or over is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client’s residence.

*Grand Rapids Community College Older Learner Center [www.grcc.edu/olc] 616-234-3483  
United Methodist Community House  [www.umchousegr.org] 616-241-1645*

GUARDIANSHIP  Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable persons who don’t have family members or friends to assist them.

*Kent County Probate Court  616-632-5438*

HANDY HELEN CLASSES  Home repair and maintenance classes are taught by licensed professionals to senior women and or caregivers.

*Home Repair Services  [www.homerepairservices.org] 616-241-2601*

HEALTHY AGING PROGRAMS  These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Diabetes PATH.

*Area Agency on Aging of Western Michigan** [www.aaawm.org/classes] 616-456-5664  
GRCC Older Learner Center  [www.grcc.edu/olc] 616-234-3483  
Salvation Army  [www.safultonheights.org/fultonheights/senior-ministry] 616-454-1459  
Senior Neighbors  [www.seniorneighbors.org] 616-459-6019*

HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS  Specialized Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

*Disability Advocates of Kent County  [www.dakc.us] 616-949-1100*
HOME CHORE Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

Building Bridges Professional Services  www.buildingbridgesgr.com  616-224-7409
Senior Neighbors  www.seniorneighbors.org  616-459-6019
Steepletown  www.steepletown.org  616-451-4215

HOME DELIVERED MEALS Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of meals are available including hearty meals, lighter lunches, and pureed meals for example. An educational newsletter is provided monthly.

ACSET – Latin American Services  www.communityactionkent.org  616-336-2035
Meals on Wheels Western Michigan  www.mealsonwheelswesternmichigan.org  616-459-3111

HOME MODIFICATION ASSESSMENT AND EQUIPMENT FOR ADAPTIVE NEEDS Assessment provided of the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services. Limited funding is also available for adaptive equipment purchase.

Disability Advocates of Kent County  www.dakc.us  616-949-1100

HOME REPAIR Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs.

Home Repair Services  www.homerepairservices.org  616-241-2601

HOME SUPPORT Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

Area Agency on Aging of Western MI  www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners  www.relianceccp.org  616-956-9440 800-447-3007

HOUSING COORDINATION Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options.

Senior Neighbors  www.seniorneighbors.org  616-459-6019
INFORMATION AND ASSISTANCE  General information and referral is provided through Heart of West Michigan United Way’s 211 Hotline, assisting individuals seeking a variety of community-based resources.

Heart of West Michigan United Way  www.hwmuw.org/2-1-1  800-887-1107 (In Kent County dial 211)

LEGAL ASSISTANCE  Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Aid of Western Michigan  www.legalaidwestmich.org  616-774-0672 800-442-2777
Legal Hotline for Michigan Seniors  www.elderlawofmi.org  800-347-5297

LONG TERM CARE OMBUDSMAN  Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of WM  miombudsman@gmail.com  616-245-9451 866-485-9393

MEDICATION MANAGEMENT  Managing medications can be difficult, confusing, and extremely important to a person’s health. The medication management program is available to ensure medications are appropriate and physician’s orders are followed.

Elders’ Helpers  www.eldershelpers.com  616-454-8305

MI CHOICE MEDICAID WAIVER**  MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

Area Agency on Aging of Western Michigan  www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners  www.relianceccp.org  616-956-9440 800-447-3007

MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP) **  Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP  www.mmapinc.org  1-800-803-7174
NURSING FACILITY TRANSITION** The Nursing Facility Transition Program (NFT) is a Medicaid funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan  www.aaawm.org  616-456-5664 888-456-5664
Disability Advocates of Kent County  www.dakc.us  616-949-1100
Reliance Community Care Partners  www.relianceccp.org  616-956-9440 800-447-3007

OCCUPATIONAL THERAPY – INDEPENDENT LIVING Assessment, education and recommendations provided by our therapist to determine and implement ways to increase functional independence. This service is provided for individuals and as well as through group education presentations.

Disability Advocates of Kent County**  www.dakc.us  616-949-1100

OUTREACH & ASSISTANCE Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

ACSET – Latin American Services  www.communityactionkent.org  616-336-4018
Family Outreach Center/Native American Community Services**  http://bit.ly/1LtNdv9  616-451-6767
Senior Neighbors  www.seniorneighbours.org  616-459-6019
Servicios Latino-Americanos  www.communityactionkent.org  616-336-4296
United Methodist Community House  www.umchousegr.org  616-241-1645

PERSONAL CARE Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western MI  www.aaawm.org  616-456-5664 888-456-5664
Reliance Community Care Partners  www.relianceccp.org  616-956-9440 800-447-3007

PERSONAL EMERGENCY RESPONSE SYSTEM Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders’ Helpers  www.eldershelpers.com  616-454-8305

PRESCRIPTION ASSISTANCE PROGRAM Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran’s Benefits.

Senior Neighbors  www.seniorsneighbors.org  616-459-6019
RECREATION THERAPY PROGRAM – STEPPING STONES  Assessment, therapy and education provided to treat physical, social, cognitive and emotional conditions of homebound persons, in order to assist them in returning to a more active role in the community.

Life Therapeutic Solutions, Inc.  www.life-ts.com  616-828-5492  800-925-3152

RESPITE  Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary caregiver. Respite services are also provided at Kent County Senior Millage funded Adult Day Services providers.

Area Agency on Aging of Western MI  www.aaawm.org  616-456-5664  888-456-5664
Reliance Community Care Partners  www.relianceccp.org  616-956-9440  800-447-3007

RESPITE CERTIFICATES**  A limited number of respite certificates are available for caregivers who either age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 45 days of issue.

Area Agency on Aging of Western MI  www.aaawm.org  616-456-5664  888-456-5664
Hope Network Behavioral Health Services Side By Side:  www.hopenetwork.org  616-235-2910
SarahCare Knapp’s Corner  www.sarahcare.com/metrohealthvillage  616-364-6800
SarahCare Metro Village  www.sarahcare.com/metrohealthvillage  616-530-6700
Senior Neighbors  www.seniornighbors.org  616-459-6019

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)  Provides seniors an opportunity to volunteer their time and experience, and to serve the community.

Senior Neighbors  www.seniornighbors.org  616-459-6019

SENIOR CENTER ACTIVITIES  Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

Salvation Army  http://safultonheights.org/fultonheights/senior-ministry  616-454-1459
Senior Neighbors  www.seniornighbors.org  616-459-6019
   Walker Firehouse Café  616-735-3240
   Grandville Senior Neighbors  616-531-5250
   Lowell Senior Neighbors  616-897-5949
   Downtown Senior Neighbors  616-459-3040
   Sparta Senior Neighbors  616-887-1273
United Methodist Community House  www.umchousegr.org  616-241-1645
SENIOR COMPANION PROGRAM  Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

Senior Neighbors  www.seniorneighbors.org  616-459-6019

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM** The Senior Community Service Employment Program (SCSEP) is an employment training program for low income, unemployed individuals, age 55+. Program participants are placed at non-profit community service organizations and government agencies for paid training, and will receive job placement assistance. SCSEP is a grant funded program, overseen by the U.S. Department of Labor Employment and Training Administration.

Area Agency on Aging of Western Michigan  www.aaawm.org  616-456-5664  888-456-5664

TRANSPORTATION - ASSISTED Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling Ridelink at 616-774-1288.

ACSET – Latin American Services  www.communityactionkent.org  616-336-4186
American Red Cross - Greater GR  www.redcross.org/mi/grand-rapid  616-454-7433
Hope Network Transportation  www.hopenetwork.org  616-243-0876
The Rapid  www.ridetherapid.org  616-774-1288
RideLink  www.aaawm.org/ridelink  616-774-1288
Servicios Latino-Americanos  www.communityactionkent.org  616-336-4186
Senior Neighbors, Inc.  www.seniorneighbors.org  616-459-6019
United Methodist Community House  www.umchousegr.org  616-241-1645

TRANSPORTATION PUBLIC** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors  www.seniorneighbors.org  616-459-6019

VISION SERVICES – CLINIC The clinic’s team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired  www.abvimichigan.org  616-458-1187  800-466-8084
Cherry Health  www.cherryhealth.org  616-776-2109
VISION COUNSELING  Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events. Peer support groups also available.

Association for the Blind and Visually Impaired  www.abvimichigan.org  616-458-1187 800-466-8084

WEATHERIZATION  Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

ACSET  www.communityactionkent.org  616-336-2228
Servicios Latino-Americanos  www.communityactionkent.org  616-336-4023

For more information please contact:

Area Agency on Aging of Western Michigan
616.456.5664 or 888.456.5664
616.456.5692
www.aaawm.org
www.Facebook.com/AreaAgencyOnAging

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services