

# CAREGIVER EVENTS CALENDAR

Are YOU caring for a parent, spouse or sick relative?

You ARE a caregiver...and a wife, husband, parent, child, friend, employee.....

August					2018	
S	M	T	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**PLEASE CALL AHEAD to confirm time and place, as holidays may conflict with meeting dates. All meetings are open to the public and free of cost, unless otherwise noted.**

**Note:** The Alzheimer's Association provides a number of support groups for caregivers of individuals with Alzheimer's Disease and related dementias that meet monthly throughout the West Michigan region; a complete list is available online at: <http://www.alz.org/gmc> or by calling the Association's 24/7 Helpline at 1-800-272-3900.

**Alzheimer's Association Early-Stage Support Group.** This support group is for people in the early stage of Alzheimer's or related dementias. Their care partners, family members and/or friends are welcome to attend. Assessment is required for support group participation. Dates and times to be determined once participant has been assessed.

**Contact:** Denise Gibson  
**Phone:** (616) 459-7423

**August 1 (6:30 - 8:00 PM)**  
**Alzheimer's Association Caregiver Support Group.** Held at the Mercy Health Hauenstein Neuroscience Center in the Lack's Grand Room, 250 Cherry Street, Lower Level, on the *first Wednesday* of each month. Open to caregivers supporting those affected with Alzheimer's, Lewy Body, FTD, Vascular, Parkinson's dementias and others.  
**Contact:** Karen Bugg Foley - (616) 685-5445  
Or Sharon Koets - (616) 822-5481

**August 1 (6:00 PM)**  
**Joe Niekro Foundation - West Michigan Support Group.** This support group offers outreach and support for brain aneurysm, AVM and stroke survivors and their caregivers. Meets on the *first Wednesday* of the month at Metro Health Conference Center, 2225 Main Street, Wyoming, MI.  
**Phone:** (616) 252-7200

**\* August 2 and 16 (12:30 - 2:30 PM)**  
**Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at SarahCare Adult Day Care, 2211 East Beltline Ave NE, Grand Rapids, on the *first and third Thursdays* of the month.  
**Contact:** Harlene Gedris  
**Phone:** (616) 949-4709

**August 7 (12:00-1:00 PM) Alzheimer's Association Dial-In Support Group.** For more information, e-mail: [alzdialin@seniorhelpers.com](mailto:alzdialin@seniorhelpers.com). *First Tuesday* of each month.  
**Phone:** (248) 865-1000

**\* August 8 (1:30-2:00 PM) Caregiver Support Group.** Converse with the Nurse. Meets on the *second Wednesday* of each month at the Knapp's Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.  
**Contact:** Kendra Schumaker  
**Phone:** (616) 530-6700

**August 8 (7:00 - 8:00 PM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at Fourth Reformed Church, 1226 Union Ave NE, Grand Rapids, on the *second Wednesday* of the month.  
**Contact:** Tom Boehm  
**Phone:** (616) 334-0687

**\* August 9 (10:00-11:00 AM) Alzheimer's Association New Beginnings Caregiver Support Group.** For care partners whose person with dementia has passed away. Meets on the *second Thursday* of each month at the Kentwood (Richard L. Root) branch of Kent District Library, 4940 Breton Rd SE, Kentwood.  
**Contact:** Kendra Schumaker  
**Phone:** (616) 530-6700

**\* August 9 (10:00-11:00 AM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Thursday* of each month at St. Paul's United Methodist Church, 3334 Breton Rd SE, Grand Rapids.  
**Contact:** Theresa Wilson  
**Phone:** (616) 301-2000

**\* August 10 (1:00-2:00 PM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *second Friday* of each month at the Area Agency on Aging of Western Michigan, 3215 Eagle Crest Drive NE, Grand Rapids.  
**Contact:** Julie Alicki  
**Phone:** (616) 222-7064

**August 13 and 27 (5:30-6:45 PM) "Family Connection" Support Group.** This support group helps spouses, parents, siblings and other caregivers more effectively deal with the stresses created by the symptoms or behaviors associated with mental illness. It also offers guidance through shared experiences, the sharing of effective coping strategies, and knowledge about various disorders in a safe confidential setting. This support group sponsored by Pine Rest Christian Mental Health Services meets on the *second and fourth Mondays* of the month at the clinic located at 4211 Parkway Place, Suite 100, Grandville. Donations welcome.  
**Contact:** Southwest Clinic  
**Phone:** (616) 222-3700

**August 13 (6:00 - 7:00 PM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at Brookside Christian Reformed Church, 3600 Kalamazoo Ave SE, Grand Rapids, on the *second Monday* of the month.  
**Contact:** Carrie Pattee  
**Phone:** (616) 235-5022

**August 14 (10:00 – 11:00 AM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's or related dementias. Meets at Church of the Servant, 3835 Burton St SE, Grand Rapids on the *second Tuesday* of each month.  
**Contact:** Joshua Baron  
**Phone:** (616) 886-7865

**August 14 and 28 (12:30 PM)**

**Caregiver Support Group.** Evergreen Commons in Holland offers a caregiver support group on the *second and fourth Tuesdays* of the month, 55 W. 16<sup>th</sup> St, Holland. Respite may be available, if prearranged.

**Contact:** Day Center at Evergreen

**Phone:** (616) 355-5130

**August 14 (1:00-3:00 PM) Caregiver Resource Network-Family Caregiver University: Making It Easier: Millage Services Available to Assist You.**

The Kent County Senior Millage is dedicated to keeping older adults in their homes while maintaining independence. This class will explore more in depth the Kent County Senior Service Directory, and speak with some of the partners on how these services have impacted the lives of their participants. Held on *Tuesday, August 14* at the Area Agency on Aging of Western MI, located at 3215 Eaglecrest Dr. NE, Grand Rapids. There is a \$5 suggested fee for this class (payable at the door). Registration is required. E-mail [registration@aaawm.org](mailto:registration@aaawm.org) or call 616-222-7032 to register.

**\* August 14 (3:00-4:00 PM) Caregiver Support Group.** "What you need to know about Home and Community Based Care". Meets on the *second Tuesday* of each month at the Knapp's Corner SarahCare, 2211 E. Beltline Ave NE, Grand Rapids.

**Contact:** Kendra Schumaker

**Phone:** (616) 530-6700

**August 14 (7:00-8:30 PM) Alzheimer's Association Support Group: Younger-Onset Dementias.**

For caregivers and individuals who have a dementia that was diagnosed before age 65. Meets on the *second Tuesday* of each month at Faith Lutheran Church, 2740 Fuller Avenue NE, Grand Rapids.

**Contact:** Sharon Koets

**Phone:** (616) 822-5481

**\* August 15 (10:00-11:00 AM) Alzheimer's Association Caregiver Support Group.**

For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *third Wednesday* of each month at the Cascade Library, 2870 Jack Smith Ave SE, Grand Rapids.

**Contact:** Sabrina Slaw

**Phone:** (678) 575-4398

**August 16 (7:00-8:30 PM) Alzheimer's Association Adult Children of a Person with Dementia Support Group.**

For individuals providing care for their parents or grandparents who have Alzheimer's or related dementias. Meets at Immaculate Heart of Mary Church on the *third Thursday* of each month at 1951 Plymouth Ave SE, Grand Rapids.

**Contact:** Sue Marsh

**Phone:** (616) 325-7619

**August 18 (11:00 AM – 12:30 PM)**

**Alzheimer's Association Caregiver Support Group.**

For caregivers of individuals who have Alzheimer's or related dementias. Meets at St. Luke AME Zion Church, 101 Delaware St. SE, Grand Rapids, on the *third Saturday* of the month.

**Contact:** Myrna Granderson

**Phone:** (616) 452-7227

**August 22 (10:00 – 11:00 AM) Alzheimer's Association Caregiver Support Group.**

La sesión es en español. Programa Puente, Spectrum Health, 1357 Grandville Ave SE. Por favor toque el timbre para entrar. *4to. Miércoles* de cada mes.

**Persona de contacto:** Tania

**Phone:** (616) 391-6189

**August 22 (6:00-7:00 PM) Alzheimer's Association Evening Dial-In Support Group.**

For more information, e-mail:

[alzodialin@seniorhelpers.com](mailto:alzodialin@seniorhelpers.com). *Fourth Wednesday* of each month. Registration is required prior to calling in.

**Phone:** (800) 272-3900

**August 27 (7:00-9:00 PM) Caregiver Support Group.** Support group for families and friends of aging adults. Meets on the *fourth Monday* of each month at the Thornapple Evangelical Covenant Church, 6595 Cascade Rd SE, Grand Rapids.

**Contact:** Ron Rozema

**Phone:** (616) 485-3578 or

**Contact:** Julie Griffin

**Phone:** (616) 617-1692

**\* August 28 (9:30-11:00 AM) Alzheimer's Association Caregiver Support Group.** For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Mercy Health SW, Grand Conference Room, 2373 64<sup>th</sup> Street, Grand Rapids.

**Contact:** Kendra Schumaker

**Phone:** (616) 530-6700

**August 28 (3:00-4:00 PM) Caregiver Support Group.** Care Services of Evergreen Commons offers a caregiver support group primarily for caregivers who care for someone with dementia. This group meets on the *fourth Tuesday* of each month at Fellowship Reformed Church, 2165 W Lakewood Blvd, Holland.

**Contact:** Day Center at Evergreen

**Phone:** (616) 355-5130

**August 28 (6:00-7:00 PM) Alzheimer's Association Caregiver Support Group.**

For caregivers of individuals who have Alzheimer's disease or related dementia. Meets on the *fourth Tuesday* of each month at Algoma Township Office, 10531 Algoma Ave, Rockford.

**Contact:** Anna Papke

**Phone:** (616) 745-3101

**\* SarahCare Adult Day Center will provide care free of charge during support groups between 9 am and 5 pm. They are located at Knapp's Corner: 2211 E. Beltline, Grand Rapids and Metro Village: 2024 Health Drive, Suite B, Wyoming. Contact intake at 616-528-4003 to schedule an initial assessment. Pre-registration is required for each drop off.**