



Five Wishes lets your family and doctors know:

- Who you want to make health care decisions for you when you can't make them.
- The kind of medical treatment you want or don't want.
- How comfortable you want to be.
- How you want people to treat you.
- What you want your loved ones to know.

Five Wishes is changing the way America talks about and plans for care at the end of life. More than 18 million copies of *Five Wishes* are in circulation across the nation, distributed by more than 35,000 organizations. *Five Wishes* meets the legal requirements in 42 states and is useful in all 50.



Five Wishes has become America's most popular living will because it is written in everyday language and helps start and structure important conversations about care in times of serious illness.

Five Wishes was introduced in 1997 and originally distributed with support from a grant by The Robert Wood Johnson Foundation, the nation's largest philanthropy devoted exclusively to health and health care. [Five Wishes Online](#) was introduced in 2011, allowing people to complete *Five Wishes* on screen and print out a personalized document immediately. With assistance from the United Health Foundation, *Five Wishes* is now available in [26 languages](#).



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Five Wishes

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