



Professional Caregiver Focal Point of Western Michigan
Resources and Caregiver Tools to use in your everyday work with caregivers

July 2009 – This month’s edition provides useful information and educational tools for family caregivers.

Empowering Caregivers™
CHOICES • HEALING • LOVE www.care-givers.com

Empowering Caregivers is under the umbrella of the National Organization For Empowering Caregivers, (NOFEC) www.nofec.org... a 501(c)(3) charitable non profit organization. Their mission is to provide a safe, nurturing site for all Caregivers with emotional and spiritual support, a vast amount of resources, and tools which EMPOWER Caregivers to help themselves as well as their loved ones. You can access this inspirational website at: <http://www.care-givers.com/index.html#anchor>.



This web page provides links to a number of short educational video clips on a wide range of caregiving topics. This web page is a great resource for those family caregivers who tend to be audio visual learners and/or don't have the time to read many educational materials. These educational video clips are available for free download at: <http://uk.video.yahoo.com/search/?p=caregiving>

Organized Wisdom

Guiding you to top health Resources
Caregiving Health Center

Many people find themselves spending some part of their lives in the role of a caregiver, whether it be to an elderly parent, a disabled child or an ill spouse. Caregivers must balance their loved ones' need for care with their desire for independence and the caregiver's own needs. Caregivers often describe the experience as both stressful and rewarding. This site offers a series of what they call "WisdomCards" on a wide range of caregiving topics and issue areas, and is a great resource for both family and professional caregivers. Access these materials at: <http://organizedwisdom.com/Category:Caregiving>

Please forward any interesting web address, resource, educational tool, book, event or conference information to Mike Faber (mfaber@grcc.edu) by the 1st of each month.